



Audio Requirements for Self-Recording

- ❖ be consistent in overall sound and formatting
- ❖ be comprised of all mono or all stereo files
- ❖ include opening and closing credits – sample credit links are posted on our website under *packages* and scroll down to audio book items
- ❖ include a retail sample that is between one and five minutes long
- ❖ be recorded by a human
- ❖ be a 192 kbps or higher MP3, constant bit rate (CBR) at 44.1 kHz
- ❖ contain only one chapter/section that is shorter than 120 minutes per file
- ❖ title each file in numerical order
- ❖ section header must be read aloud – example ‘Chapter One’ or Chapter One, The Birds Flew South’ pause and continue reading that section
- ❖ have room tone at the head and at the tail – a least a full 5 sec pause at the start and at the end of each file, including the sample file
- ❖ be free of extraneous sounds
- ❖ measure between -23dB and -18dB RMS
- ❖ have -3dB peak values
- ❖ have a maximum -60dB noise floor